

Prenatal Breastfeeding Class 2017

Offered by The Children's Clinic

The Children's Clinic invites you to attend a complimentary Prenatal Breastfeeding Class as you prepare for the arrival of your baby. This class provides you with the opportunity to learn the basics of breastfeeding. The third trimester is a time good time to take the class. Some of the topics included in the class are:

- ♥ Benefits of breastfeeding
- ♥ How to establish and maintain an adequate milk supply
- ♥ Proper positioning and latching
- ♥ How to know if baby is getting enough
- ♥ Avoiding common problems
- ♥ Successfully breastfeeding and returning to work

This course is offered at no charge throughout the year and is taught by the Children's Clinic Lactation Consultant, Lesli Gould, IBCLC, CLE. Partners/Fathers are welcome and encouraged to attend with you.

To register, choose the class date that works best for you, fill out the form below and mail it to Lesli Gould, 3201 Durland Dr. Billings, MT 59102 or email your information to Lesli at: childrensclinicbabies@gmail.com.

2017 Class Dates

January 14, 2017 · March 11, 2017 · May 13, 2017 · July 15, 2017 · September 9, 2017 · November 11, 2017

Please Print Clearly and Detach and Mail:

Class Date: _____ Name: _____

Please include name/relationship of anyone who will attend with you

Cell Number _____ Address: _____

Due Date: _____ Obstetrician: _____

Your email address: _____

Print clearly

Any special considerations you would like the instructor to know: _____